

lachele

AESTHETICS & WELLNESS

Ultra Femme 360 Pre Treatment Instructions

- Bring **proof of a clean pap-smear** dated within the last year.
- We will not be able to provide treatment if you are in the middle of your menstrual cycle.
- **I.U.D. may not be present** during the treatment.
- **Internal piercings must be removed** prior to treatment.
- **Start hydrating 2 days ahead of treatment**, and continue to hydrate 2 days post treatment. We recommend that you drink your weight in ounces. For example, if you weigh 140 pounds, drink 140 ounces each day.
- Arrive to your treatment with the entire treatment area **freshly shaved**.
- Bring a small sanitary pad to wear home to protect your clothing from any residual ultrasound gel that may be present.

If you have any questions or concerns, please call our offices at (855)522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com